Jovial June

Thursday

Game on! Can you beat the computer at noughts and crosses? Have fun, be kind to

Monday

Brainstorm ideas as a family on how to be kind as a family and as individuals towards others.

Tuesday

Start keeping a journal of what you're grateful for; to create pieces of art: or even just to organise your thoughts each day.

Wednesday

Visit Kind Kingdom and stop bullies bringing negativity to the land!

Develop your child's 5 kindness skills. Create your very own game of kindness.

Karaoke! Put on your

belt out your fav tune!

favourite track and

Living Room

Wallace and

Gromit's Wrong

for sick babies.

Trousers Day, Don

your wackiest Wrong

Trousers. Raise money

Friday

Create a kindness poem and send it to someone special. Download some pointers to get started.

Wild Animals on

See how kindness isn't

just limited to human-

Kindness

Saturday

Sharing Kindness. Think about the ways that you and others have used social media in a positive way.

Treat yourself to

the mischievous

Sunday

Get hundreds of games used in more than 1,000 schools that will get kids off the sidelines and having fun.

yourself.

Try kindness meditation for yourself, you are important.

Craft your Appreciation. Create an Appreciation Box with your kids, writing what they appreciate about family members.

Children's Art Week Kick off the week, by connecting with the natural world.

Start a Kindness jar 9 that you fill with a penny every time you notice a kind act of kindness performed by vour child.

Numeracy of Kindness. Have your kids to create a bar chart detailing the amount of kindness friends/family have received over a week.

Public Service Day 23 Celebrate the input of the nation's army of public service workers: nurses to administrators. Thank You!

What wild animals 30 can teach us about kindness. Catch this young interviewer's chat with the founder of Wildlife Friends Foundation.

Create a Galaxy in 10 a bottle. These fun and easy creations are for young children to explore their senses.

Acts of Kindness 17 Challenge your kids to a contest where they recognise when someone does something nice for them.

The fun continues 24 with Anansi the Spider Sing-a-long, join the party and send in your sing-along video!

Laugh with me! Turn your ignition on to Laughter Yoga and have a good old giggle for all the family. Laugh yourself silly!

Try Tai-chi for all 18 the family. Loving kindness to help centre you.

Artist Antoni Gaudi was born on this day. Check out some of his amazing architectural

Settle in for a wondrous treat at the Royal Ballet with Cinderella.

Sit back and watch 20 lar of wonderous Du Soleil.

this amazing spectacuacrobatics from Cirque

Our Instagram Action For Creativity. Live Craft Series. Ep 2. Come see what we're creating.

a-long and story-telling: **Brother Anansi and Brother Snake** Happy Father's Day 21 Let someone you know,

who's been a great

father figure to you,

just how much you care

Anansi The Spider Sing-

Acts of Kindness Part 2. Encourage your kids to perform 3 acts of kindness a week and reward them, try avoiding materialistic rewards.

Action For Creativity

Remember creativity is everywhere and in everyone... How does art help you find your learning groove?